

Eastville, Fishponds, Mangotsfield, Speedwell, St George - Food support by day of the week								
Monday	Tuesday Wednesday		Thursday	Friday	Weekend			
On-site low-cost food Vassall Community Cafe 9.30am-3pm	On-site low-cost food Vassall Community Cafe 9.30am-3pm	On-site low-cost food Vassall Community Cafe 9.30am-3pm	On-site low-cost food Vassall Community Cafe 9.30am-3pm	On-site low-cost food Vassall Community Cafe 9.30am-3pm				
	On-site low-cost food Beehive Community Cafe 11am-1.30pm		On-site low-cost food Beehive Community Cafe 9.30am-12.30pm	Take-home pantry food Speedwell Food Club 12.30-2.30pm				
			Take-home pantry food Oldbury Court FOOD Club 1-3pm	Take-home food Fishponds Food Bank 12.30-2.15pm				
				Take-home food Resound Food Bank 10am-12pm				



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				Take-home pantry food Friends of Eastville Park Food Club 12.00-1.30pm			

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Service Name	Postcode	Address	Phone number	Email	What support is on offer? How much is it?	Day/Time	Who is the service for? Do I need a referral?
Beehive Centre	BS5 7AW	19A Stretford Rd, Whitehall, Bristol	0117 935 44 71	info@thebe ehivebristol. co.uk	Community Cafe selling low-cost meals (£2-5)	Tuesdays 11am-1.30pm / Thursdays 9.30-12.30	Everyone welcome / No referral needed
Fishponds Food Bank	BS16 5AS	Fishponds Baptist Church Downend Road	075846250 82/ 0117 9653421	ebfoodbank @inhope.uk	Take-home food boxes/bags / Free	Fridays 12.30pm- 2.15pm	Residents of Fishponds and surrounding area / Refferal needed, click here for advice



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Friends of Eastville Park	BS5 6EB	Nissen Hut, Eastville Park, Eastville, Bristol		Eastvillepar kfoodclub@ gmail.com	Take-home food box/bag (worth £10-15) / Membership £1, £3.50 per shop	Fridays 12.00pm- 1.30pm	People living within 3/4 mile radius of the Nissen Hut at Eastville Park / Turn up to sign up (get food the following week)
Oldbury Court FOOD Club Children's Centre	BS16 2QS	Frenchay Rd, Bristol	-	eastbristol.c hildrenscent res@bristol- schools.uk / Heather.wy att@family- action.org.u k	Take-home food bags/boxes (value of £10- 15) / £1 membership, £3.50 per shop	Thursdays 1- 3pm	Local residents / Email for referral form
Resound Food Bank	BS16 9BP	Resound Church, Blackhorse Road, Mangotsfield	0117 472 5172	info@nbsg.f oodbank.or g.uk	Take-home food bags/boxes / Free	Fridays 10am- 12pm	Residents of Mangotsfield and surrounding area / Referral needed, click here for advice
Speedwell FOOD Club	BS15 1ES	Speedwell Methodist Church, Bristol,		eastbristol.c hildrenscent res@bristol- schools.uk	Take-home food box/bag (worth £10-15) /	Fridays 12.30- 2.30pm	Residents of Speedwell and surrounding areas /

To update this information or add to the list, please complete a form here



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					Membership £1, £3.50 per shop		Email for referral form	
Vassall Centre	BS16 2QQ	The Vassall Centre, Gill Avenue, Fishponds	0117 965 9630	Office@vas sallcentre.or g.uk	Low-cost community cafe (free tea & coffee)	Cafe open 9.30am - 3pm	Local residents	