



## Bristol Food Provision List 2023/24

Hengrove, Knowle, Filwood, Brislington - Food support by day of the week					
Monday	Tuesday	Wednesday	Thursday	Friday	Weekend
<b>On-site meal</b> South Bristol Methodist Church 11am-2pm	<b>On-site meal</b> Redcatch Community Garden 12pm-1pm	<b>Take-home food</b> BS4 Food Bank 12.30pm-2pm	<b>Take-home pantry food</b> Inns Court FOOD Club 12.30-3pm	<b>Take-home food</b> Counterslip Cares Food Bank 10.30am-12pm	
<b>On-site meal</b> Salvation Army 11am-2pm	<b>Snacks and Takeaway homemade frozen meal</b> Redcatch Community Garden afterschool club 3.15-4.45pm			<b>Take-home pantry food</b> Inns Court FOOD Club 1.00-2.30pm	
				<b>Food Parcel Delivery</b> Brislington Food Bank	
				<b>Take home fruit &amp; veg</b> Bristol Greens - Victoria Park 9.30-2pm	

To update this information or add to the list, please [complete a form here](#)

Updated Dec 23



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Hengrove, Knowle, Filwood, Brislington - Food support information							
Service Name	Postcode	Address	Phone number	Email	What support is on offer? How much is it?	Day/Time	Who is the service for? Do I need a referral?
<a href="#">Brislington Food Bank</a>	BS4	Delivery only	07584 625082	<a href="mailto:andy.irwin@inhope.uk">andy.irwin@inhope.uk</a>	Delivered food parcels / Free	Fridays	<a href="#">Residents of BS2 BS5 BS15 BS16 BS3 BS4 BS14 / Referral needed, click here for advice</a>
<a href="#">Bristol Greens</a>	BS3 4QE	Victoria Park, 12 Hill Ave, Bristol		<a href="mailto:info@bristolgreens.co.uk">info@bristolgreens.co.uk</a>	Free food table (Victoria Park stand) Fruit & veg box deliveries	Food table - Friday 9.30-2pm, email to arrange delivery	Everyone welcome to the free food table. Fruit & veg boxes for Households in BS14 / Email to arrange
<a href="#">Counterslip Cares Food Bank</a>	BS14 9HT	648-652 Wells Rd, Bristol	<a href="tel:07873169304">07873 169304</a>	<a href="mailto:edgefield@blueyonder.co.uk">edgefield@blueyonder.co.uk</a>	Short-term food support and advice	Fridays, 10.30am-12pm	<a href="#">Hengrove, Whitchurch, Hartcliffe, Stockwood, Totterdown, Brislington, Knowle and Knowle West / Yes, click here for advice</a>

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<a href="#">BS4 Food Bank</a>	BS4 1DQ	St Barnabas Church, Daventry Road	07584 625082	<a href="mailto:ebfoodbank@inhope.uk">ebfoodbank@inhope.uk</a>	Take-home food parcels / Free	Wednesdays, 12.30pm-2pm	<a href="#">Residents of BS2 BS5 BS15 BS16 BS3 BS4 BS14 / Referral needed, click here for advice or get help through hardship phone line: 0808 208 2138 or Filwood Hope</a>
<a href="#">Inns Court FOOD Club Community &amp; Family Centre,</a>	BS4 1TR	1 Marshall Walk, Bristol		<a href="mailto:Info@iccfc.co.uk">Info@iccfc.co.uk</a>	Take-home food box/bags / £1 membership, £3.50 per shop	Thursdays 12.30-3.00pm / Fridays 1.00-2.30pm	Those working or living within 15 minutes of the club / Contact to check availability
<a href="#">Redcatch Community Garden</a>	BS4 2RD	The Pavilion, Redcatch Park, Broadwalk, Knowle, Bristol,	07858 630507	<a href="mailto:redcatchcommunitygarden@outlook.com">redcatchcommunitygarden@outlook.com</a>	On-site meal / Free	Tuesdays, 12pm-1pm	Everyone welcome / text phone number to book a space

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<a href="#">Redcatch Community Garden</a>	BS4 2RD	The Pavilion, Redcatch Park, Broadwalk, Knowle, Bristol,	07858 630507	<a href="mailto:redcatchcommunitygarden@outlook.com">redcatchcommunitygarden@outlook.com</a>	Afterschool club: includes snacks (and lego, crafts and reading corner) and has a <b>takeaway frozen meal</b> .	Tuesdays, 3.15-4.45pm	For children who are accompanied by an adult.
<a href="#">South Bristol Methodist Church</a>	BS4 2EP	Redcatch Road, Knowle		<a href="mailto:southbristol2022@gmail.com">southbristol2022@gmail.com</a>	On-site lunch and opportunity to do some cooking/breadmaking / Free	Mondays, 11am-2pm	Everyone welcome / No referral needed
<a href="#">The Salvation Army</a>	BS4 1EN	Padstow Road, Filwood Park, Bristol	0117 9631655	<a href="mailto:Bristol.south@salvationarmy.org.uk">Bristol.south@salvationarmy.org.uk</a>	Welcoming Space - tea/coffee, free hot meal available, and Foodbank for those that need it.	Mondays, 11am-2pm	Everyone welcome / No referral needed

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